

# IDIOPATHIC PULMONARY FIBROSIS (IPF)

RARE, UNPREDICTABLE AND DIFFICULT TO DIAGNOSE

COULD THIS BE YOU?

## WHAT IS IPF?

- I** IDIOPATHIC REFERS TO AN UNKNOWN CAUSE
- P** PULMONARY AFFECTS THE LUNGS
- F** FIBROSIS MEANS SCARRING



MORE COMMON  
IN MEN

MOST PATIENTS ARE  
OVER 50 YEARS  
OF AGE

## WHAT ARE THE SIGNS AND SYMPTOMS OF IPF?

### COMMON SIGNS AND SYMPTOMS



SHORTNESS OF BREATH  
"DYSPNEA"



CHRONIC  
DRY COUGH



A "CRACKLING" SOUND  
TO BREATHING  
(HEARD WITH STETHOSCOPE)



FINGER  
CLUBBING



BLUE TINGE TO LIPS,  
NAIL BEDS AND SKIN  
"CYANOSIS"

## DIAGNOSIS OF IPF CAN BE CHALLENGING

### IPF SYMPTOMS ARE OFTEN SIMILAR TO OTHER DISEASES

ABOUT  
**50%**  
ARE INITIALLY  
MISDIAGNOSED

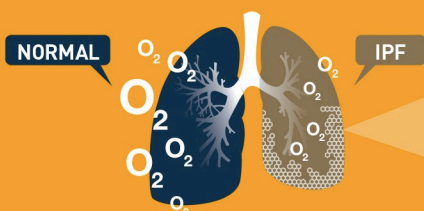
	SYMPTOM	ASTHMA	COPD	HEART FAILURE	IPF
	SHORTNESS OF BREATH (DYSPNEA)	○	○	○	●
	CHEST TIGHTNESS	○			●
	COUGH	○	○	○	●
	FATIGUE			○	●



AVERAGE TIME TO  
DIAGNOSIS IS  
**1 TO 2 YEARS**  
AFTER ONSET OF SYMPTOMS

COPD=chronic obstructive pulmonary disease

## NORMAL LUNG VS. IPF LUNG



SCARRING/HONEYCOMBING  
IN THE LUNG RESTRICTS BREATHING  
AND OXYGEN EXCHANGE

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## IPF CAN BE TREATED

Medications are available that help slow IPF progression and preserve lung function for longer

## WHAT ARE DOCTORS' GOALS FOR IPF TREATMENT?\*

- Slowing disease progression
- Improving symptoms
- Sustaining quality of life

\* Source: "Think of Everything Global Pulmonologist Survey", 2015

**PROGRESS IN TREATMENT IS BRINGING NEW HOPE TO IPF**  
**QUESTIONS ABOUT IPF AND TREATMENTS? ASK YOUR DOCTOR TODAY!**

